

January

Kickstart the year with SELF-CARE!

Your health matters! Start the year by focusing on YOU – your well-being, your mental health, and your balance.

Why it matters: Self-care is essential for staying energized and productive.

What you can do: Practice stress management, take breaks, and set healthy work-life boundaries.



February

Prevent injuries, Protect your body! Musculoskeletal Injury Prevention!

Our bodies are our most important tools. Let's protect them from strain and injury!

Why it matters: Preventing repetitive strain injuries keeps you strong and healthy at work and at home.

What you can do: Pay attention to proper lifting and ergonomics, and report any symptoms of injury early.



March

Situational Awareness: Be alert, stay safe!
Safety isn't just a policy – it's a mindset!

Why it matters: Knowing the hazards around you helps you make smart, safe decisions.

What you can do: Review hazard assessments, report any potential risks, and always stay aware of your surroundings.

April

Wildfire Awareness, Prevention & Response

Wildfires can be unpredictable – let's be prepared to act!

Why it matters: Being ready for an emergency can save lives and minimize damage.

What you can do: Learn how to prevent wildfires, pack a go-bag, and know your emergency plan.

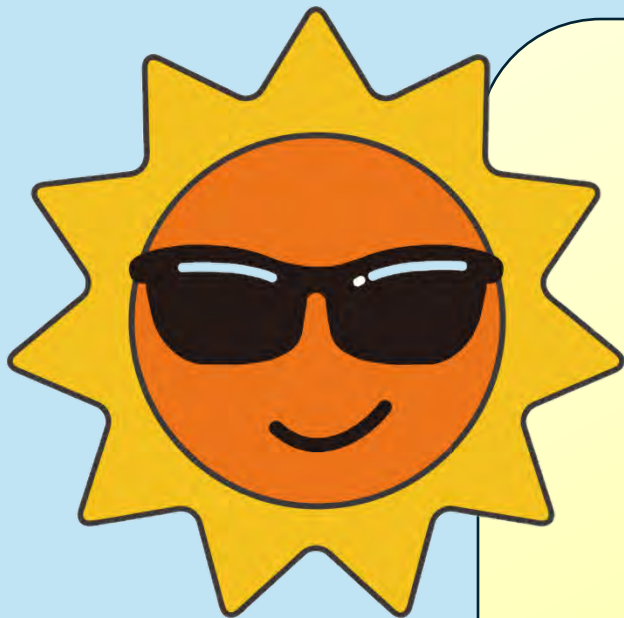


May

Prepare for the unexpected: Emergency Preparedness

Why it matters: Emergencies don't wait for the right time, but you can be ready!

What you can do: Put together a 72 hour emergency kit, familiarize yourself with our emergency response plan, and ensure your First Aid skills are up to date.



June

Summer Safety: Beat the heat & stay safe! The summer heat can take a toll – let's stay cool and safe.

Why it matters: Heat stress is preventable, and sunburns can be avoided.

What you can do: Stay hydrated, wear sunscreen, and take breaks in the shade. Keep an eye on air quality and stay safe in the heat!



Certificate of Recognition (COR):
Your commitment to safety counts!

July

We recognize your hard work in keeping our workplace safe!

Why it matters: Safety is key to a successful workplace – YOU make a difference!

What you can do: Participate in site visits, interviews, and stay committed to safety practices. Let's achieve our COR together!

August

Hazard Assessment
Be Alert, Stay Safe!

Why it matters: Understanding the risks in your surroundings allows you to make informed, safe choices in regard to mitigation of hazards.

What you can do: Review hazard assessments, report any potential risks, and document any newly found hazards.



September

Infection Control and Prevention: Stay Healthy, Stay Safe!

Why it matters: Preventing illnesses keeps everyone safe.

What you can do: Follow hygiene practices, get vaccinated, and stay home if you are feeling sick.



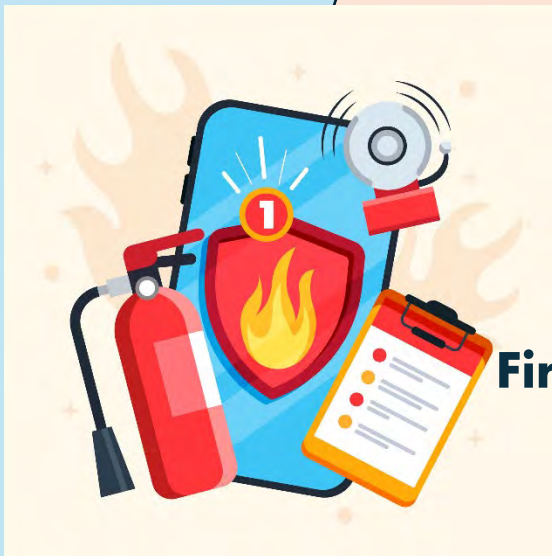
October

Fire Safety: Prevent, Protect, and Prepare

Fires can happen quickly, but you can stay prepared!

Why it matters: Knowing fire safety procedures save lives.

What you can do: Participate in fire drills, review the fire safety plan, and stay aware of the fire hazards in the workplace.



November

Winter Safety: Prepare for the cold, stay safe in the snow!

Be ready for whatever winter weather brings.

Why it matters: Extreme cold and winter hazards are serious, but you can prepare for them.

What you can do: Winterize your vehicle, prepare for storms, and practice safer walking techniques in icy conditions.



December

Holiday Safety: Celebrate safely, prepare for emergencies.

The holidays are a time to celebrate – but also to stay safe!

Why it matters: From home decorations to winter storms, holiday safety keep us safe and secure.

What you can do: Follow fire safety tips for decorating, rotate emergency procedures, and stay aware of weather conditions.

