## **JUNE 2020**

### CALGARY

ECAT Employee & Client Assistance Team 403-819-0583

Phones do not accept text messages-staff need to call ECAT

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### TIME SHEET **HAND-IN**

#### • June 15<sup>th</sup> 2020

For all shifts worked between June I and June 16.

#### • June 30<sup>th</sup> 2020

For all shifts worked between June 16 and June 30.

# **UPCOMING**

HEALTH AND SAFETY MEET-ING-June II, 2020 @ 2PM

**RPAC MEETING** - June 9, 2020 @10:30AM (teleconference only)

# CE PAGE

Making it Happen- Supporting Social Inclusion

# Jeff

Jeff started services with ICE in March, 2017. Jeff lives in Calgary with his wonderful wife. Jeff is an active guy and enjoys participating in swimming and exercise classes.

Upon starting services with ICE, Jeff identified that he would like to explore fitness activities and build friendships. Jeff and his support staff partake in a drumming class and enjoy going swimming and being outside. Jeff excelled at achieving his previous goal of practicing to enter/exit support staff vehicles in a safe manner as this can be challenging at times due to his lack of vision. Jeff feels a great sense of independence being able to enter/ exit staff vehicles with minimal assistance.

Jeff is a very social person and enjoys trying new activities and meeting new

people. Jeff and support staff have invited friends to lunch/ coffee and to participate in fitness classes. When Jeff is not at a day program, he enjoys swimming with Special Olympics and spending time with his wife.

We are very happy to have Jeff as part of ICE. He has a great sense of humour and is a very positive person.

# **Employee Spotlight**

Joanne has been an employee with ICE since 2016. Joanne is a valued employee and is eager to learn and assist her clients. Joanne is deeply committed to health and safety. She assists Jeff in working hard on his goals and promotes independence in everything he does. Jeff and Joanne have built a great professional relationship and share a lot of laughs together. Joanne, thanks for all your hard work and dedication to your client.



#### **COVID-19 INFORMATION**

# PRACTICE PHYSICAL DISTANCING

Keep at least 2 meters between you and others. If you are too close to someone who coughs or sneezes, you risk breathing in tiny droplets that could contain the Covid-19 virus.

Alberta.ca/covid19



#### **Payroll Announcement**

Independent Counselling Enterprises is pleased to announce a new Payroll Software System, DAYFORCE, will go LIVE on June 25, 2020.

Dayforce will give you access to your personal information and relevant payroll information, anytime and anywhere.

Through Dayforce you'll be able to:

- ♦ Update you address
- ♦ Update your contact details
- ♦ Update your emergency contacts
- ♦ Update your banking information
- ♦ Update your Federal and Provincial TD-1
- ♦ Access your paystub
- Access your T4 (effective 2020 taxation year)

#### Get ready to learn about Dayforce!

Dayforce will give you the power to view your Payroll information 24-7 from any device with an Internet connection. Dayforce is very user friendly but training will be provided to make the transition as smooth as possible.

Self-paced training will be available June 17 and will need to be completed by June 25, 2020. You can access this training by following the steps below:

- 1. Your Dayforce credentials: Your **username** is your **first name.last name** (as it appears on your current pay statements and in lower case). Your **initial password** is your last name (as it appears on your current pay statements and in lower case) **followed by the last 3** digits of your Social Insurance Number (without any spaces between). You will be prompted to change your password.
- 2. Click the Dayforce link at www.dayforcehcm.com or go to www.icenterprises.com click the link on the bottom left corner of the home page or the link in Facebook under Independent Counselling Inc.
- Enter the company name ice (in lower case), your Username and Password.
- 4. Click Login.

#### Launch MyPath Training

- 5. Once logged in, you can access MyPath from the Help button in the top right of the screen.
- 6. It will launch in your default browser. From the Table of Contents on the left, expand the Employee role, select the first lesson, and fol-

low the instructions.



If you have any questions, please contact your ICE Payroll Unit.

# ICE THANK YOU CARD INCENTIVE WINNER

Tarah M received a thank you card from her supervisor for reporting hazards in the community and assisting her client to avoid them.

Mona C received a thank you card from the booking coordinator for her hard work and dedication and for taking on extra shifts during a difficult time.

Gillianne C and Cody P received thank you cards from the regional manager and the booking coordinator for taking on extra shifts during a difficult time.

Shelma P received a thank you card from the booking coordinator for taking on extra shifts and always going above and beyond during this difficult time.

Manpreet K received a thank you card from the booking coordinator for taking on extra shifts and for her flexibility and willingness to help during this difficult time.

David B and Parminder K received thank you cards from their supervisor for taking on extra shifts and being flexible and accommodating during this difficult time.

Jeff Schwarzer received two thank you cards from the regional manager and the booking coordinator for covering vacant shifts and being very accommodating about tasks that needed to be done during this difficult time.

#### Congratulations!



Nova Lee B received a thank you card from her supervisor for actively finding different ways and ideas to motivate her client. and for being flexible and taking on extra shifts.

Rebecca N received a thank you card from her supervisor for taking up extra shifts, for showing independent initiative and proactively supporting your client during this difficult time.

Mary M received a thank you card from her supervisor for reporting a concern and assisting your client to work through it.

Christina L received a thank you card from her supervisor for going above and beyond and for her hard work and dedication.

Anamarie B received a thank you card from her supervisor for going above and beyond, her extreme kindness and support, and assisting her client to deal with an extremely difficult time.

Ange S received a thank you card from her supervisor for responding with excellent professionalism and calm during a very difficult situation.

Bev J and Stephanie M received thank you cards from their supervisor for their flexibility in changing schedules and consistently going above and beyond.

Ice Calgary Congr	atulates Long Ter	m Employees:		
Staff	Years	Date	ICE HAS A TD GROUP RSP PLAN!	
Bill D	25	June 7	Refer to Policy 3.4.18 FUTUREBUILDER RSP If you	
A	5	June 4	are eligible, ICE will match your contributions!	
Arjay A	5	June 4	To sign up, please contact:	
Bhupinder M	5	June 19	Independent Counselling Enterprises at : 780-453- 9664	
Gideon G	5	June 22	Contact your local TD branch or book an appointment	
Stephanie M	4	June 10	online to see a financial advisor to discuss your sav- ings needs and any other financial objectives.	
Vaishaliben D	4	June 23		
Caroline N	3	June 21	⇒ To find a TD branch close to you: https://www.td.com/ca/en/personal-banking/branch-	
Kamile H	1	June 20	locator/ ⇒ To book an appointment online:	
Mercedes C	1	June 21	https://www.td.com/ca/en/personal-banking/products/ saving-investing/	
			HURT AT WORK?	
Referral	Incentive I	Program		
Employees or Support Home Operators who refer a person to ICE who successfully meet our hiring		E who	Employees and Support Home Operators are reminded of their responsibility (as per legislation) to report <u>all work- place injuries immediately to an ICE supervisor or man- ager</u> . In the event of an injury, the employee will follow all agency policies and procedures.	
requirements and completes their three month probation with a minimum of 120 hours worked, receive \$100.00!		with a worked,	While not all injuries are reportable to WCB, all injuries and work related health concerns are required to be re- ported within the company. This is done so that health and safety investigation and follow up may be completed for the safety of all parties.	
Looking for Answers? Below are some online links you may find of assistance:				

https://www.canada.ca/en/health-canada.html	Health Canada is responsible for helping Canadians maintain and im- prove their health. It ensures that high-quality health services are acces- sible, and works to reduce health risks.
https://www.albertahealthservices.ca/findhealth/service.aspx? Id=1001957	Linking Albertans to a wide range of health information and service options.
https://work.alberta.ca/occupational-health-safety.html https://work.alberta.ca/occupational-health-safety/ohs- publications.html#laws	Alberta Occupational Health and Safety works in consultation with industry to help prevent work-related injuries, illnesses and fatalities. The OHS site provides access to a wide range of information bulletins and on-line training options
https://work.alberta.ca/occupational-health-safety/resources.html	

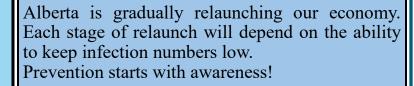
#### COVID-19 INFORMATION

# HELP RELAUNCH, SAFELY

Prevention starts with awareness. Be informed on how you can protect yourself and others from COVID -19:

- Isolate if you're feeling sick
- When out, maintain physical distancing of 2 meters
- Wash your hands frequently for at least 20 seconds with warm water and soap
- Cover coughs and sneezes and stay home if you are sick
- Avoid touching your face
- Wear a mask in public places where keeping a distance of 2 meters is difficult

stay informed alberta.ca/covid19



Check below for some interesting facts to help keep you informed and safe!

#### THE AIR



**RESPIRATORY DROPLETS:** Droplets greater than 5 micrometers expelled from someone who is coughing or sneezing. These droplets travel short distances and remain in the air for a few seconds, before dropping to the ground. This is a primary cause of new infections. So maintain that 6-foot buffer. AIRBORNE TRANSMISSION: Smaller droplets (less than 5 micrometers) that are exhaled while talking. These are called aerosols and can carry further and stay airborne longer, from 30 minutes up to 3 hours, but these are less likely to land on people. There are no known instances of airborne transmission, but it can't be ruled out. So keep up the social distancing.



#### CLOTHES

Contracting the virus from clothing or shoes is very unlikely. You don't need to wash or even change your clothes after venturing out if you practice social distancing. An exception would be if you suspect your clothes have come in contact with an infected person, then machine wash them. Buy new clothes? The virus can only live on clothes for about a day, so you can set them aside for 24 hours or just wash them if it makes you feel better. Employees who work elsewhere are asked to change clothing before coming to work at ICE.

#### FOOD/ GROCERIES

**IN THE STORE**: Sanitize your carts handles with wipes, practice safe distancing and don't touch your face. Sanitize your hands as soon as you can when you are done.

**IN THE HOME:** There's no evidence you can contract the virus by consuming food. It's unlikely the virus can be transmitted from food packaging, so wiping down grocery store or restaurant food containers isn't necessary. For precaution, just wash your hands after handling food containers and wipe countertops they touched with



disinfectant. The freezer will not kill the virus, so wash your hands after handling frozen food packaging too. Normal cooking temperatures should kill the virus. For non-perishable food you put away, after 24-72 hours there's little to no trace of the virus on surfaces. **CONTAMINATED SURFACES Here's how long the virus can live on the following surfaces.** Keep in mind that although the virus can live for long periods on some surfaces, the amount the survives decreases sharply over time. It's possible a person can get COVID-19 by touching a

Copper	Up to 4 hours
Cardboard/paper	Up to 24 hours
Plastic	2 to 3 days
Stainless steel	2 to 3 days
Clothes	up to 24 hours
	•

surface or object that has the virus on it and then touching their face. This is not thought to be the main way the virus spreads.



MAIL/PACKAGES/NEWSPAPER The risks of COVID-19 remaining on newspapers and letters or packages are extremely low. Remember, the virus only lives on paper and cardboard from up to 24 hours. Still, it never hurts to wash your hands after handling them.